



## Skill Practice: Maintaining Values – Conscious Thinking

**Scenario:** A teenager is driving their parent's new car and rear ends the driver ahead of them. No one is physically injured but there is damage to the car.

Checking the facts – what does the parent know for sure?

Are there any possible alternative explanations for what's happened?

What questions does the parent need to gently ask to understand the situation more fully?

If the parent acts based on this information, how will they treat their loved one?

If the parent acts based on this information, how is their loved one likely to feel?

If the parent acts based on this information, how is their loved one likely to respond?

If the parent acts based on this information, will they be living up to these values?

Yes No Maybe


Express love and caring?

Earn their loved one's trust and respect?

Teach their loved one to be an honest, caring and responsible person?